

## Ova and Parasite Test Instructions

### General requirements:

- 1) A physician's order is required.
- 2) Many physicians will order this test X3. Para-Pak PVA /Formalin (pink and blue labels) can be provided from any HML Service Center. You will receive a pink and blue container for EACH test ordered.
- 3) Wait for three days after a barium enema before collecting a specimen.
- 4) If 3 specimens are required, collect one every other day ,or 3 specimens in 10 days.

### Specimen Collection:

- 1) Use the bed pan provided to collect the specimen. Do not urinate into the pan.
- 2) Immediately, transfer the specimen using a disposable plastic spoon. Place a small scoopful of specimen into each Para-Pak. Use one pink and one blue vial for each bowel movement. Label EACH specimen with name, date and time collected.
- 3) Recap the container and make sure cap is on tight.
- 4) If other stool tests are ordered, use a separate container for the additional test.
- 5) Refrigerate specimen if there is a delay in transport.

### ❖ NOTES

- 1) Specimens submitted in leaky containers or containers with obvious gross external contamination will be rejected.
- 2) Specimens sent on diapers will not be accepted.
- 3) Specimens sent on toilet paper or exam gloves will not be accepted.
- 4) Specimens containing water or urine will not be accepted.
- 5) Specimens from toilet bowls are also unacceptable.
- 6) Use a walnut –size portion of solid stool or 5.0mL of liquid stool.
- 7) Barium specimens are not acceptable.

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