



11110 Medical Campus Road  
Suite 230 (Green Entrance)  
Hagerstown, MD. 21742  
301-665-4900 or 1-800-428-2105

### Fertility Patient Instruction Sheet ( FERT )

**\* Read all instructions before beginning**

1. **MAKE AN APPOINTMENT** Your physician's office may make an appointment for you OR you may call 301-665-4900 or 1-800-428-2105 to schedule the appointment. Since accurate results are dependent upon the specimen being evaluated within a specified time, HML requires appointments for delivering all Fertility specimens. Fertility specimens are accepted only at HML's main office at Robinwood Medical Center, Suite 230.
2. Refrain from intercourse and masturbation for 2-7 days prior to the day you have scheduled to collect the semen specimen.
3. Obtain a clean, **glass** container from your physician, the lab, or use a clean, glass container from your home. If you use a container from home, be sure to clean it, rinse it, and dry it thoroughly. A container about the size of a 2.5 oz. mustard jar should be sufficient. **PLEASE MAKE SURE YOU PUT YOUR NAME, DATE, TIME OF COLLECTION ON THE CONTAINER..**
4. Collect the entire ejaculate **directly** into the container. *It is important that the entire ejaculate is collected.*

**Do not collect specimens in a condom as latex condoms and spermicide can affect the results.**

5. Fill out the **Semen Collection Form** to be returned to the laboratory with the specimen at Robinwood Medical Center. Keep the specimen warm in a pocket near your body.
6. Report to Robinwood Medical Center **within 30 minutes** of the collection of the specimen.
7. You will need to bring the following:

Your Physician's Order	The Semen Collection Form
Your Specimen	Your Insurance Card

**Appointments are accepted for:**

**MONDAY-FRIDAY BETWEEN 7:30 A.M. and 3:00 P.M. — SUITE 230 (GREEN ENTRANCE)**

**\*\*SATURDAY BETWEEN 7:30 A.M. and 12 NOON — SUITE 230 (GREEN ENTRANCE)**

**\*\*Special instructions for Saturday Appointments**

**Enter the Green Entrance and go straight past the stairs, towards the Link to Meritus. Before entering the Link, you will see a Courtesy phone on your left. Dial 4927 (do not dial "5") and tell the HML Processing Dept that you are here with a specimen. Walk up the stairs to Suite 230 and the Processing Tech will meet you at the door to take your specimen since the front office is closed on Saturdays.**

**IF YOU HAVE ANY QUESTIONS ABOUT THIS INFORMATION,  
PLEASE CALL HAGERSTOWN MEDICAL LABORATORY AT 301-665-4900 or 1-800-428-2105**



Appointment Date: \_\_\_\_\_

Day: \_\_\_\_\_

Time: \_\_\_\_\_

## Fertility Workup Information Sheet

Patient Name: \_\_\_\_\_

Patient Address: \_\_\_\_\_

\_\_\_\_\_

Patient Date of Birth: \_\_\_\_\_

Patient Phone Number: \_\_\_\_\_

Patient Social Security Number: \_\_\_\_\_

Method of Specimen Collection:

(Circle one) Masturbation Other

Time of Collection: \_\_\_\_\_

Type of container:

(Circle one) Glass Plastic

Number of Days of Abstinence: \_\_\_\_\_

Collection of the Specimen Was:

(Circle one) Complete Incomplete

Was The Specimen Exposed to Any Temperature Extremes?

(Circle one) Yes No

If yes, please indicate: (Circle one) Hot Cold